How Salvesen Mindroom Centre works to #KeepThePromise
In October 2016, the First Minister of Scotland promised that she would make sure Scotland’s children were all loved and cared for, especially children who are care-experienced.

She asked a group of people to work out how to make sure this happens so that in Scotland every child grows up loved, safe and respected and able to be at their best. The group wrote a report called ‘The Promise’.

Salvesen Mindroom Centre thinks that The Promise is a really good thing. We will do everything we can to help make Scotland the best place in the world to grow up through our work supporting neurodivergent children and young people.

Here are some of the important things that are in The Promise, and how we are doing our best to #KeepThePromise.
<table>
<thead>
<tr>
<th>The Promise</th>
<th>What we do</th>
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| **Voice**  | We work with children & young people to help them share their views.  
When children speak, adults must really listen to them.  
Adults must make sure that children are included in decisions about their lives.  
We always listen to what they say and do not judge them or take sides.  
We make sure the views of children and young people are respected.  
We help to make sure that their views are included in decisions that are made about them.  
We always try to make sure people know about the United Nations Convention on the Rights of the Child (UNCRC) so that children and young people's rights are respected. |
| **Family** | We help people to understand how neurodiversity or learning difficulties can affect children and young people.  
If children are living with their family and are safe and feel loved, they should stay there.  
Their family should be given all the help they need to stay together.  
If they need extra help when things get difficult, they should get it.  
This helps families to love and care for neurodivergent children and young people in the best way that they can.  
We can provide information and advice to the whole family to help them get the help that they need. |
| **Care**   | If children cannot stay with the adults in their family, we help them share their views about what they want.  
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If children cannot stay with the adults in their family, we help them share their views about what they want.  
We can work with people inside and outside the family to help them understand the needs of neurodivergent children and young people.  
This can help to make the home a place where neurodivergent children and young people feel accepted, safe and loved. |
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<tbody>
<tr>
<td><strong>People</strong></td>
<td>We always start our own work by building positive relationships and support people inside and outside the family to help them to do the same. We can give training to professionals to help them understand the needs of neurodivergent children and young people. We also provide advice, information and emotional support to parents &amp; carers.</td>
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<td>Relationships are important. Adults must make sure children are able to stay close to the people they want to and keep in contact with them. Adults must also help children make new relationships as they grow up. Sometimes adults need some help too. The adults who are close to children must get the help they need to make sure they can do their best for children.</td>
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| **Scaffolding** | We help children, young people and their parents or carers for free – we never ask them to give us money for helping them. We help anyone who thinks that neurodiversity or learning difficulties affect them; we don’t need anyone else to say that it does. We talk to people in the Scottish Government so that they will think about the needs of neurodivergent children and young people when they make decisions about things. |
| Help and support must be there for children and families whenever they need it. It must also be there for the adults who are close to children and families. It is important everyone knows where to go for help and that it is ready when it is asked for. |

The Promise What we do

We always start our own work by building positive relationships and support people inside and outside the family to help them to do the same. We can give training to professionals to help them understand the needs of neurodivergent children and young people. We also provide advice, information and emotional support to parents & carers. The adults who are close to children must get the help they need to make sure they can do their best for children. We help children, young people and their parents or carers for free – we never ask them to give us money for helping them. We help anyone who thinks that neurodiversity or learning difficulties affect them; we don’t need anyone else to say that it does. We talk to people in the Scottish Government so that they will think about the needs of neurodivergent children and young people when they make decisions about things.