



# Transitions Service

Information for Professionals



Thank you for your interest in the Salvesen Mindroom Transitions Service.

The Transitions Service provides support to young people who satisfy the following 3 criteria::

- ✓ Aged 14-18,
- ✓ Neurodivergent\* (no diagnosis needed), and
- ✓ Care experienced\*, or on the edges of care\*

\*Please see definitions of neurodiversity, care experienced and edges of care at the end of this booklet



Our transitions service is **fully funded** by the Scottish Government through The Promise and so is provided free of charge.

## What does the service provide?

We provide 1-to-1 support for a young person over a period of half a school year. Support is normally offered in partnership with schools, but can also be offered in the home or community settings where this is more appropriate. The service is delivered by members of mindroom staff or fully trained volunteers, all of whom are PVG registered.

We use 'Future Me', a resource that we have developed over the last 5 years working with schools across Edinburgh, East Lothian, South Lanarkshire and Perth & Kinross.

## How do young people benefit?

We have found that the young people receiving our support develop a clearer idea of what they want for themselves, improve their self-esteem, and have more confidence in choosing and taking their next steps.

# What does Future Me cover?

The activities in Future Me help them to reflect on their hopes and dreams for the future, their skills and qualities, and some aspects of what living as an adult could mean for them.

In a nutshell, Future Me helps a young person to think about their own views on what they want to do as they enter the world of adulthood so that they can tell other people.

## Core activities:

Setting the Scene • My General Skills • My Independent Living Skills • My Personal Qualities • Sharing my Information • My next steps

## Optional activities

*Selected as part of the Future me process:*

My Education & Training • My Career Plan • My Money • Independent Travel

## Optional extras

*The following optional extras will be available from 2024:*

### **Workplace Visit**

Where a group of young people from the same school or area would benefit, we can arrange and facilitate a visit to a local employer. Young people will learn more about being an employee, including what sort of expectations might be made of them, as well as what support they should expect in a workplace environment.

### **College Visit**

Again, where a group of young people from the same school or area would benefit, we can arrange and facilitate a visit to a local college. Young people will learn more about the difference between life in school and life at college, the expectations made of them there and what support they should expect in a college environment.

## **SQA Employability Award at SCQF Level 3 or 4**

For young people who would benefit from gaining a formal qualification we can tailor Future Me to focus on the delivery of all necessary material needed to cover the required units for the SQA Employability Award at either SCQF Level 3 or Level 4.

All materials are provided through Future Me and work is assessed and verified by Salvesen Mindroom Centre. Where needed we will register a young person as a candidate with SQA and manage all the administration involved in making the award.



# Making referrals

Making a referral to our Transitions Service is very simple and straight-forward!

- **Contact us** to arrange a chat about working with us  
*Email: [andrew@mindroom.org](mailto:andrew@mindroom.org)*
- **Complete and return** our Terms of Engagement  
*A short document agreeing our mutual commitments*
- **Submit a brief referral form** for each student that you wish us to support  
*A simple form to gather basic details*

If you contact us to make an enquiry it is helpful if you could mention the name of your school or organisation, local authority and include contact details.

# Referral Criteria - Definitions

## Neurodiversity

Neurodiversity is the term that we use to describe the diversity of human minds, the infinite variation in neurocognitive functioning within humanity. A neurodivergent student is one whose neurological development means that they fall outside what is considered the 'normal' range. Conditions that affect neurodivergent young people include, but are by no means limited to, Attention Deficit Hyperactivity Disorder (ADHD), Autism, Developmental Coordination Disorder (DCD or Dyspraxia), Dyscalculia, Dyslexia and Tourette Syndrome. We do not require a formal diagnosis to access our support.

For more information on neurodiversity, and what we offer please visit our website [www.mindroom.org.uk](http://www.mindroom.org.uk)



## 'Care experienced'

Examples of circumstances where a child or young person can be care experienced include current or past experience of:

- Having a compulsory supervision order, including whilst still living with one or both parents.
- Being cared for by family members who aren't their parents (kinship care). This can be a formal or an informal arrangement.
- Having care in a different family, such as in a foster placement.
- Having care outwith a family, such as residential care (including residential schooling) or secure care.

For more information please see [thepromise.scot](http://thepromise.scot)

## 'On the edges of care'

There is no formal definition of the edges of care so for the purposes of this service we interpret it as including a child or young person whose family has received additional support from the local authority or the third sector. This includes, but is not limited to, a child who has either current or past experience of

- being considered at risk of being taken into care, either voluntarily or through legal proceedings
- trauma
- adversity

# About Us

Salvesen Mindroom Centre is a Scottish charity that supports, informs and empowers children and young people affected by neurodiversity. Our vision is to help create a world in which no mind is left behind.

To learn more about us please visit [www.mindroom.org](http://www.mindroom.org) or ask for copies of our literature.

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